



The Law of Pure Potentiality

Take time to be silent, to just BE. Meditate for 30 minutes twice a day. Silently witness the intelligence within every living thing. Practice non-judgment. We have unlimited pure potentiality all around us. We need to be open and ready do not lock you into one thing. The universe is gives us the ability to manifest and do what we like we just have to know how to get it. There is unlimited pure potential.



The Law of Giving and Receiving

Today bring whoever you encounter a gift: a compliment or flower. Gratefully receive gifts. Keeps wealth circulating by giving and receiving care, affection, appreciation and love? We have to have the ability to receive. When a person gives us something and we say no that is creating an imbalance. It is important to give every day: give thanks, gratitude, support, love freedom, what you can afford, time. All that you give you will receive back bigger and better than ever



The Law of Karma

Every action generates a force of energy that returns to us in like kind. Choosing actions that bring happiness and success to others ensures the flow of happiness and success to you. Everything you do has choices and generates that energy that will be returned to you. Before you do something .you can check to see if it is the highest and good for you and all. You will know if it is good if you feel good. If it feels like a knot in your belly after a choice that may not have been the highest and best. But each choice is a learning experience



The Law of Least Effort

Accept people, situations, and events as they occur. Take responsibility for your situation and for all events seen as problems. Relinquish the need to defend your point of view. This one goes ageist what we have learned set a goal and work hard, spend a lot of time, you need work hard to get things...Wrong. The universe and nature finds the path of least resistance which is the least effort. We need to work smart and listen to the signs that the universe is giving us that are the path of least effort. When in a chaos do not get caught up in it and let it get to you take time and breath. Then just flow in the situation the outcome will be turn out better then you can imagine



The Law of Intention and Desire

Inherent in every intention and desire is the mechanics for its fulfillment. Make a list of desires. Trust that when things don't seem to go your way, there is a reason. Set you intentions and desires and then let them be. You may really want one outcome and think that is the best but if it does not happen that is because there is something better for you. If you force it you may get it but you will not be happy or be what you thought it was. Set your intentions and desires for the highest and best for you.



The Law of Detachment

Allow yourself and others the freedom to be who they are. Do not force solutions—allow solutions to spontaneously emerge. Uncertainty is essential, and your path to freedom. This is also in the same vain as the law of least effort where you set your intentions and desires and the let them be. Do not force it and keep working at it you will be missing the real opportunities for that intention. Also as the law of intentions and desired do not be attached to one outcome becomes that may not be in the highest and best for you. So you will get something better if you pay attention to the signs.



The Law of Dharma

Seek your higher Self. Discover your unique talents. Ask yourself how you are best suited to serve humanity. Using your unique talents and serving others brings unlimited bliss and abundance. When you live your life that everything you do is for the highest and best for you and all. You will be the happiest and all of the other laws are working for you. You know you are in this when you do little efforts and accomplish many things.

This information was taken from <http://www.chopra.com/sslos>